

JOB DESCRIPTION

POST: Mental Health Support Worker (Ukrainian Project)

BASE: This role will primarily be based at The Junction, 82-83 Great Junction Street, Edinburgh. As this is a partnership project, aspects of the role may also involve work at U-evolve spaces at Norton Park Business Centre or North Edinburgh Arts.

HOURS: 28 hours per week

MANAGEMENT: Responsible to the Director at the Junction

SALARY: £27,925 - £30,975

CONTRACT: Fixed term - with funding anticipated for a minimum of two.

We also accept offers from people working freelance or from organisations interested in a secondment for a member of their team.

ABOUT THE PROJECT

Funded by City of Edinburgh Council, this is a new project being delivered in partnership by two youth mental health charities operating in Edinburgh: U-evolve and The Junction. The service is being developed to specifically meet the mental health and wellbeing needs of Ukrainian people living in Edinburgh.

U-evolve and The Junction are two well-established youth health charities who have more than 30 years of combined experience of supporting young people in Edinburgh. They are delighted to be working together to develop this much-needed service.

PURPOSE OF THE JOB

To provide mental health and wellbeing support to Ukrainian young people aged 12 – 21 with the aim of helping them to feel better, have improved mental health and to learn how to support their own mental health. Support will primarily be focused on individual support but may include some groupwork delivery and drop-in supports.

KEY TASK AREAS

Service Delivery

- Provide mental health support to a caseload of young people through regular one-to-one support sessions. This support could be provided in our dedicated youth spaces, in schools or within the community.
- Support referral processes and manage caseload effectively
- Build positive relationships with young people and their families.
- Provide a safe space for young people, promoting and respecting young people's confidentiality within the parameters of child protection.
- Adopt a collaborative and innovative approach to support, working with young people to identify their goals, and to shape support around their needs.
- Refer and signpost young people to relevant organisations and services that can support their individual needs, where appropriate.
- Maintain records for young people in accordance with organisational requirements.

- Support and advocate for young people through attending multi-agency meetings in relation to individual support requirements.

Service Delivery & Teamworking

- Work collaboratively with the Community Development & Support Worker based at U-evolve, and service delivery teams at The Junction and U-evolve.
- Contribute to the planning development of services, working closely with young people and the Ukrainian community.
- Participate in team meetings and reflective practice sessions.
- Positively represent the project at relevant partnership and Ukrainian community events.

Youth Voice & Engagement

- Ensure young people's views and experiences inform their support and services.
- Support approaches that embed young people's voice in service delivery.
- Encourage participation and feedback from young people.

Supervision and Personal Development

- Take part in individual and group supervision to reflect on own practice and give feedback to others.
- Research and maintain up-to-date knowledge of new ways of working and identify opportunities for continuous improvement.
- Establish and maintain routines for self-reflection and self-care to ensure you are safeguarding your own mental health.

Additional duties

This job description is a guide to the duties and responsibilities of the role and is not an exhaustive list of tasks. The job holder may be asked to undertake any other reasonable duties for which they are trained, or which may support the activities of the organisation.

Person specification

Experience and Qualifications	Essential	Desirable
Fluent in Ukrainian and English	✓	
Has lived experience or strong understanding of Ukrainian culture and community needs.	✓	
Experience working with or volunteering with young people experiencing mental health and wellbeing difficulties, ideally in a youth work or mental health setting.	✓	
Completed relevant mental health, Counselling or youth work qualification		✓
Experience of working in a team environment including peer support work or reflective practice.	✓	
Experience in administrative processes in relation to record-keeping, confidential processing of information and data protection.	✓	
Knowledge and understanding	Essential	Desirable
Strong understanding of safeguarding and professional boundaries	✓	
Understanding of the mental health and wellbeing needs of Ukrainian young people	✓	
Understanding of inclusive and accessible service delivery	✓	
Knowledge of trauma-informed approaches		✓
Skills and Attributes	Essential	Desirable
Passionate about supporting the mental health and wellbeing of young people	✓	
Empathetic, and approachable	✓	
Creative and innovative in approach	✓	
Reflective and committed to professional development	✓	
Able to work independently and as part of a team	✓	

